FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Beckhorn Jay				2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
(Last)	(First)	(Mi	iddle)			3. Date of Earliest Transaction (Month/Day/Year) 03/06/2023							X	Officer (g below)	ive title		Other (s below)	specify		
1521 WESTBRANCH DRIVE															Treasurer					
SUITE 100					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)													X	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
MCLEAN	VA	22	102													a 2,o.o		no reportin	9 . 0.00	
(City)	(State)	(Zi _l	p)																	
		Та	ble I - Noı	n-Deri	ivativ	e Se	curitie	s Acq	uired,	Disp	osed of,	or I	Benefi	cially Ow	/ned					
Date					e nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)				ties Acquired (A) or d Of (D) (Instr. 3, 4 a			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 03/0					06/202	3			P		250		A	\$13.55	.55 1,387.04			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	tive Conversion ty (Instr. 3) or Exercise (Month/Day/Year) if any			ate, 1	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amo Securities Unde Derivative Secur (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)	Date Exercise	Date Expirati Exercisable Date		Title		Amount or Number of Shares		Transaction(s) (Instr. 4)				

Explanation of Responses:

/s/ Michael LiCalsi

03/07/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).