FORM 4

(Print or Type Pecnonces)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Mead Gerard				2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOODO]							-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Last) (First) (Middle) C/O GLADSTONE COMMERCIAL CORPORATION, 1521 WESTBRANCH DRIVE, SUITE 200				3. Date of Earliest Transaction (Month/Day/Year) 03/03/2009												
(Street) MCLEAN, VA 22102				4. If Amendment, Date Original Filed(Month/Day/Year)						-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						cqui	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea		if Code (Instr. 8)		(A) c	4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)			Beneficia	ant of Securities ially Owned Following d Transaction(s)			7. Nature of Indirect Beneficial Ownership	
				(Monal Buy)	r cur)	Code	, ,	V Amo	unt (A)		Price	(msir. 5 t			or Indirect (I) (Instr. 4)	(Instr. 4)
7.50% Series B Cumulative Redeemable Preferred Stock		03/03/2009			Р		1,00	0 A	\$ 7	.44	1,000			D		
Reminder: 1	Report on a s	separate line for		ties beneficial	uritie	es Acqui	Per continue the	rsons v ntained form o	who res in this isplays	form a cu Benef	n are urren ficiall	not requ itly valid	ction of inf uired to res OMB conf	spond unle	ess	1474 (9-02)
1. Title of	2.	3. Transaction	3A. Deemed	4.	5		_	Date Ex				tle and	8. Price of	9. Number	of 10.	11. Natur
Security	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Y	ear) Execution Dat any (Month/Day/Y	Code			and Expiration Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		Unde Secu	r. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Security Direct (or Indir	Beneficia ive Ownersh (Instr. 4)		
				Code	V	(A) (D		ate ercisable	Expira Date	ation	Title	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Mead Gerard C/O GLADSTONE COMMERCIAL CORPORATION 1521 WESTBRANCH DRIVE, SUITE 200 MCLEAN, VA 22102	X					

Signatures

Allyson Williams, attorney-in-fact	03/04/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.