Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(D..:

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person [*] ENGLISH MICHELA A			2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director 10% Owner			
(Last) (First) (Middle) 1521 WESTBRANCH DRIVE, SUITE 200			3. Date of Earliest Transaction (Month/Day/Year) 12/28/2006						Officer (give title below)Ot	her (specify bel	ow)
(Street) MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) O or Indirect (I (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		12/28/2006		М		5,000	А	\$15	6,166.827	D	
Common Stock		12/26/2006		S		5,000	D	\$ 19.918	1,166.827	D	
Common Stock		12/28/2006		М		10,000	А	\$ 15.99	11,166.827	D	
Common Stock		12/28/2006		S		9,000	D	\$ 19.918	2,166.827	D	
Common Stock		12/28/2006		М		10,000	А	\$ 15.44	12,166.827	D	
Common Stock		12/28/2006		S		10,000	D	\$ 19.918	2,166.827	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		of E Secu Acq or E of (I	Derivative urities uired (A) Disposed D) tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount 8. I of Underlying Der Securities Sec		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option	\$ 15	12/28/2006		М			5,000	<u>(1)</u>	12/31/2006	Common Stock	5,000	\$ 0	0	D	
Stock Option	\$ 15.99	12/28/2006		М			10,000	<u>(2)</u>	12/31/2006	Common Stock	10,000	\$ 0	0	D	
Common Stock	\$ 15.44	12/28/2006		М			10,000	<u>(3)</u>	12/31/2006	Common Stock	10,000	\$ 0	0	D	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		

ENGLISH MICHELA A 1521 WESTBRANCH DRIVE SUITE 200 MCLEAN, VA 22102	Х			
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Signatures

Paula Novara, Attorney-in-fact	12/29/2006
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in two equal installments of 5,000 shares each on August 12, 2004 and August 12, 2005.
- (2) The option vested in two equal installments of 5,000 shares each on May 26, 2005 and May 26, 2006.
- (3) The option vested in two equal installments of 5,000 shares each on May 25, 2006 and July 11, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.