FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting PARKER ANTHONY W	2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]						5. Relationship of Reporting Perso (Check all appli _X_Director Officer (give title below)			
(Last) (First) C/O GLADSTONE COMM CORPORATION, 1521 WI DRIVE #200		3. Date of Earliest 03/10/2009	Transactio	n (Mo	onth/Day/	Year)				
(Street) MCLEAN, VA 22102	4. If Amendment, Date Original Filed(Month/Day/Year) 03/11/2009						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Tal	ble I - Non	-Der	ivative Se	ecuritie	s Acqu	ired, Disposed of, or Beneficially	Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Instr. 8)	ction	n 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership of Indi Form: Benefi	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	03/10/2009		Р		2,001	А	\$ 6.35	14,412.50	D	
Common Stock	03/10/2009		Р		315	А	\$ 6.73	14,727.50	D	
Common Stock	03/10/2009		Р		185	А	\$ 6.74	14,912.50	D	
Common Stock	03/10/2009		Р		104	104 A \$ 6.72		15,016.50	D	
Common Stock	03/10/2009		Р		100	А	\$ 6.28	15,116.50	D	
Common Stock	03/10/2009		Р		100	А	\$ 6.29	15,216.50	D	
Common Stock	03/10/2009		Р		98	А	\$ 6.34	15,314.50	D	
Common Stock	03/10/2009		Р		97	А	\$ 6.27	15,411.50	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(a a nuts calls warrants ontions convertible securities)

(c.g., puts, cans, warrants, options, convertible securities)																	
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.			6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature		
Derivative	Conversion	Date	Execution Date, if	Transactio	n N	umbe	er	and Expiration	on Date	Amount of		Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code	of	f		(Month/Day/Year)		(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D	eriva	tive			Securities		(Instr. 5)	Beneficially	Derivative	Ownership		
	Derivative				Se	ecurit	ies		(Instr. 3 and			Owned	Security:	(Instr. 4)			
	Security				A	cquir	ed	4		4)			Following	Direct (D)			
					`	A) or							1	or Indirect			
						ispos	ed						Transaction(s)	· /			
						f (D)							(Instr. 4)	(Instr. 4)			
					· · ·	nstr. 1	· ·										
					4,	and	5)										
											Amount						
								Date	Expiration		or						
								Exercisable		Title	Number						
								Exercisable	Date		of						
				Code V	/ (/	A) ((D)				Shares						

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PARKER ANTHONY W C/O GLADSTONE COMMERCIAL CORPORATION 1521 WESTBRANCH DRIVE #200 MCLEAN, VA 22102	Х						

Signatures

Paula Novara, attorney-in-fact	03/12/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.