## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Cutlip Robert G				GLA	2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]							Direct	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 1521 WESTBRANCH DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 06/14/2019									President			
MCLEA	N, VA 221	(Street)		4. If .	Amendme	nt, Da	ate Ori	ginal F	iled(Mont	h/Day/Year	r)	_X_ Form fil	ed by One Repo	Group Filingorting Person One Reporting		ole Line)	
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execu	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)  (A) or		of (E 5)	Beneficia Reported (Instr. 3 a	nt of Securities ally Owned Following Transaction(s) and 4)		or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common	Stock		06/14/2019				P Code	V	500 (1	. ,	Pric \$ 21.3	50 100			(Instr. 4) D		
								the red, D	tained i form di	n this fo splays a of, or Be	orm a a cur enefic	to the collector of the	uired to res	spond unle	ss	1474 (9-02)	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	3A. Deemed Execution Date	(e.g., p	g., puts, calls, wa 4. , if Transaction Code ear) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable A A (A A A A A A A A A A A A A A A A A		Title and mount of inderlying ecurities instr. 3 and	8. Price of		Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficia Ownershi (Instr. 4)		
					Code	V (A	A) (D					Shares					

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cutlip Robert G 1521 WESTBRANCH DRIVE MCLEAN, VA 22102			President				

## **Signatures**

Michael LiCalsi, Attorney-in-fact	06/17/2019		
**Signature of Reporting Person	Date		

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on September 14, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.