## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person * Cutlip Robert G			2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]					:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below)  Other (specify below)					
(Last) (First) (Middle) 1521 WESTBRANCH DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 08/16/2019								President			
(Street) MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	.,	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					Owned					
(Instr. 3)		2. Transaction Date (Month/Day/Year)		(Instr. 8		4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	unt of Securities ially Owned Following d Transaction(s)		Ownership o Form: E Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(Month/Day/Year	Code	V	V Amount (A) or (D)		Price	0 (				
Common S	Stock		08/16/2019		P		500 (1)		\$ 22.09	51,100			D	
Reminder: R	Leport on a s	separate line for	each class of secu	rities beneficially of	owned dire	Pers	ons wh	o respo			ction of inf	ormation		474 (9-02)
Reminder: R	Leport on a s	separate line for	Table II -	Derivative Securi	ties Acqui	Pers cont the f	ons wh ained in orm dis	no responding this for splays a	rm are curren reficiall	not requ itly valid	uired to res		ss	474 (9-02)
1. Title of 2 Derivative C Security (Instr. 3)	2.	3. Transaction Date (Month/Day/Y	Table II -  3A. Deemed Execution Date any		ties Acquivarrants, o	Pers cont the fored, Deptions 6. Deptions (More see see see see see see see see see s	ons wh ained in orm dis	no responding this for splays a configuration of the secution of the configuration of the con	rm are current arities)  7. Tit Amo Unde Secur	not requ itly valid	OMB conf	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nat of Indir Benefic Owners (Instr. 4

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Cutlip Robert G 1521 WESTBRANCH DRIVE MCLEAN, VA 22102			President			

## **Signatures**

Michael LiCalsi, Attorney-in-fact	08/19/2019
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on September 14, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.